

The 40-Day Blessing

FOR THE FIRST FORTY DAYS AT HOME

Heavenly Father, for forty days You watched over the Holy Family in those first tender weeks. Watch over this mother and her baby now.

Bless her body as it heals. Bless her heart as it learns a new rhythm. Bless her home with patience, laughter, and grace enough for every day.

Send helpers to her door, warm meals to her table, and rest to her nights. Let her never doubt that she is loved, supported, and prayed for.

May these forty days be a season of peace, and may Mary, who treasured all these things in her heart, keep this family close to her Son.

Through Christ our Lord. Amen.